Dinner Devotions

Meal Prayer

God of Sabbath, help us to find rest in you. Teach us to create restful places for the people around us, and grant us your peace in our lives. Amen

The Story

Jesus visits his home town and declares his mission in the world in front of his childhood neighbors.

Conversations

Day 1

Luke 4:16-19
Read also Isaiah 61:1-2. Why do you think Jesus read this passage? What part of the passage best describes Jesus for you?

Day 2

The people say, “Aren’t you Joseph’s son?” Have you ever had your words or actions dismissed because the people around you only know one part of who you are?

Day 3

Luke 4:23
Jesus predicts the reaction of the people. Do you think that healing a sick person or giving vision to a blind person would have made the crowd more accepting?

Day 4

Luke 4:24-27
Jesus recalls two stories about God’s prophets helping people who were “outsiders”, not part of the community, while the “insiders” suffered. How do you think this made the people feel?

Day 5

Retell these last verses in your own words. What kinds of things are the people saying? What does it look like when Jesus walks away from the angry crowd?

Blessing

May you find rest in God, healing in the Son, and be empowered by the Holy Spirit.

Looking Back . . .

Sunday Mark 12:38-44 The widow’s offering
Monday Psalm 113 Blessings of the Righteous
Tuesday Genesis 24: 1-10 Wife for Isaac
Wednesday Genesis 24: 11-27 Rebekah at the well

Looking Ahead . . .

Thursday Genesis 24: 28-44 Abraham’s servant speaks with Laban
Friday 1 Samuel 2:1-10 Hannah’s song
Saturday Colossians 2:6-15 Fullness of life in Christ
Sunday Mark 13:1-8 The destruction of the Temple foretold

Pentecost Series 5: Sabbath

Week 2:

“Like a path through the forest, Sabbath creates a marker for ourselves so, if we are lost, we can find our way back to our center.” — Wayne Muller (Sabbath: Finding Rest, Renewal, and Delight in Our Busy Lives)” What day do you, or does your family/household go to worship? Do you see this as Sabbath rest? Look at your calendars again. Can you take an hour, an afternoon, a whole day to rest on your worship day? Find a time to do this—even if it’s only 30 minutes. Our bodies, our minds, our hearts, and our spirits need this time to rejuvenate, calm down, and heal.

Did you miss a week? Download inserts at our website!
faithformationjourneys.blogspot.com
Meal Prayer

God of Sabbath, help us to find rest in you. Teach us to create restful places for the people around us, and grant us your peace in our lives. Amen.

The Story

Jesus visits his home town and declares his mission in the world in front of his childhood neighbors.

Conversations

Day 1
Luke 4:16-19
Read also Isaiah 61:1-2. Why do you think Jesus read this passage? What part of the passage best describes Jesus for you?

Day 2
The people say, “Aren’t you Joseph’s son?” Have you ever had your words or actions dismissed because the people around you only know one part of who you are?

Day 3
Luke 4:23
Jesus predicts the reaction of the people. Do you think that healing a sick person or giving vision to a blind person would have made the crowd more accepting?

Day 4
Luke 4:24-27
Jesus recalls two stories about God’s prophets helping people who were “outsiders”, not part of the community, while the “insiders” suffered. How do you think this made the people feel?

Day 5
Retell these last verses in your own words. What kinds of things are the people saying? What does it look like when Jesus walks away from the angry crowd?

Blessing

May you find rest in God, healing in the Son, and be empowered by the Holy Spirit.

Looking Back . . .

Sunday Mark 12:38-44 The widow’s offering
Monday Psalm 113 Blessings of the Righteous
Tuesday Genesis 24: 1-10 Wife for Isaac
Wednesday Genesis 24: 11-27 Rebekah at the well

Looking Ahead . . .

Thursday Genesis 24: 28-44 Abraham’s servant speaks with Laban
Friday 1 Samuel 2:1-10 Hannah’s song
Saturday Colossians 2:6-15 Fullness of life in Christ
Sunday Mark 13:1-8 The destruction of the Temple foretold

Pentecost Series 5: Sabbath

Week 2:
“Like a path through the forest, Sabbath creates a marker for ourselves so, if we are lost, we can find our way back to our center.” — Wayne Muller (Sabbath: Finding Rest, Renewal, and Delight in Our Busy Lives)

What day do you, or does your family/household go to worship? Do you see this as Sabbath rest? Look at your calendars again. Can you take an hour, an afternoon, a whole day to rest on your worship day? Find a time to do this—even if it’s only 30 minutes. Our bodies, our minds, our hearts, and our spirits need this time to rejuvenate, calm down, and heal.