Meal Prayer

God of Sabbath, help us to find rest in you. Teach us to create restful places for the people around us, and grant us your peace in our lives. Amen

The Story

The New Heaven and the New Earth - Revelation 21:1-6
A vision of God’s new creation for us and for the world

Conversations

Day 1
Revelation 21:1-2
What do you see when you imagine the whole world made more beautiful? Does the image of a bride fit? Why or why not?

Day 2
Revelation 21:3
What would it be like to have God living on your street as your neighbor? Comforting? Scary?

Day 3
Revelation 21:4
Has someone ever wiped away your tears? What did it feel like?
Imagine a world where no one gets sick, or dies, or is sad. What would that be like?

Day 4
Revelation 21:5
Is it exciting to get new things (toys, clothes, etc)? What are some things that only God can make new? What would a world where everything is new be like?

Day 5
Revelation 21:6
God offers the water of life to all who are thirsty. What do you think that water tastes like? What would it feel like to drink it?

Blessing

May you find rest in God, healing in the Son, and be empowered by the Holy Spirit.
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**Looking Back . . .**

- **Sunday**  John 11:32-44
  - Jesus raises Lazarus to life

- **Monday**  Romans 13: 8-10
  - Love one another

- **Tuesday**  Psalm 18:20-30
  - The promise of the Lord proves true

- **Wednesday**  John 13:31-35
  - The new commandment

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**Looking Ahead . . .**

- **Thursday**  Romans 5: 6-11
  - Reconciliation through Jesus Christ

- **Friday**  Hebrews 9:15-24
  - Jesus our mediator

- **Saturday**  Psalm 146
  - Praise for God's help

- **Sunday**  Mark 12:38-44
  - The widow's offering

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**Daily Readings**

"It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for he gives sleep to his beloved." Psalm 127:2

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**Weekly Household Devotions**

Faith Formation Journeys

Weekly Household Devotions

All Saints Day, Year B

Pentecost Series 5

November 4, 2012

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**Pentecost Series 5: Sabbath**

**Week 1:**

Sabbath—a time of rest and focus on God observed in a 24 hour period in biblical description. Sabbath today looks very different. We don’t rest—rest is hard. We might miss out on something, we might not fit in or get the best shopping deal, we might have to say no. Yet, taking time to remember we rely on God is saying yes to our faith and to our God and to ourselves and our family. Look at your schedule this week. Where is a time period—a day, an afternoon, an hour where you can just ‘be’? Name it and claim it. Put it in your calendar and challenge yourselves to be non productive for this time you have set aside. Then take 5 minutes to talk about it. How did it feel? What do you think of the practice of rest? Check out Barbara Brown Taylor’s little book called “The Practice of Saying No” (it’s only 20 pages!)

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Did you miss a week? Download inserts at our website!  
faithformationjourneys.blogspot.com