Meal Prayer

Come Lord Jesus be our guest and let these gifts to us be blessed. Blessed be our God who is our bread, may all the world be clothed and fed. Amen

The Story

The Whole Armor of God - Ephesians 6:10-24
Paul is writing to his friends to encourage them in faith and here asks for prayers and gives a blessing.

Conversations

Day 1
Ephesians 6:10-12
What does it mean to be strong in the Lord? How do we show what we believe by the way we live?

Day 2
Ephesians 6:13-14
What is armor? How does it make you feel to imagine putting on armor of God? How is God’s word something that protects us?

Day 3
Ephesians 6:13-17
Talk about each of the pieces of armor. How are truth, righteousness, peace, faith, salvation, and the word of God things we can carry with us all the time?

Day 4
Ephesians 6:18-20
How is prayer a part of using the armor of God? What prayers do you have today for yourself? What prayers do you have for others?

Day 5
Ephesians 6:21-24
What is the blessing Paul sends? How is blessing one another done now? Offer the blessing to one another.

Blessing

Jesus said, I am the bread of life. You will never be hungry or thirsty in my love.
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