

Daily Readings

"He provides food for those who fear him; he is ever mindful of his covenant." - Psalm 111:5

Looking Back . . .

Sunday	Mark 7:1-23	The tradition of the Elders
Monday	Psalm 106	A confession of Israel's sin
Tuesday	Deuteronomy 4:9-20	Remember that you belong to God
Wednesday	1 Peter 2:19-25	The example of Christ's suffering

Looking Ahead . . .

Thursday	Psalm 146	Praise for God's help
Friday	Isaiah 32:1-8	Government with justice predicted
Saturday	Matthew 15:21-31	The Canaanite woman's faith
Sunday	Mark 7:24-37	The Syrophenician woman and the deaf man

Household Service

Pentecost Series 3: How We Feed Each Other

We think about how we feed each other with food that not only sustains us, but makes us healthy and strong. Take time to learn about how we can change our habits to make our bodies more healthy and help others around the world have access to healthy food and clean water.

Week 3:

Find a food bank, pantry or soup kitchen that welcomes volunteers of all ages. You can collect needed healthy food for those in need, help stock shelves or other needed work in the facility or serve meals to those who do not have a home.

Did you miss a week? Download inserts at our website!
faithformationjourneys.blogspot.com

"Dinner" Devotions

Meal Prayer

Come Lord Jesus be our guest and let these gifts to us be blessed. Blessed be our God who is our bread, may all the world be clothed and fed. Amen

The Story

The Whole Armor of God - Ephesians 6:10-24

Paul is writing to his friends to encourage them in faith and here asks for prayers and gives a blessing.

Conversations

Day 1

Ephesians 6:10-12

What does it mean to be strong in the Lord? How do we show what we believe by the way we live?

Day 2

Ephesians 6:13-14

What is armor? How does it make you feel to imagine putting on armor of God? How is God's word something that protects us?

Day 3

Ephesians 6:13-17

Talk about each of the pieces of armor. How are truth, righteousness, peace, faith, salvation, and the word of God things we can carry with us all the time?

Day 4

Ephesians 6:18-20

How is prayer a part of using the armor of God? What prayers do you have today for yourself? What prayers do you have for others?

Day 5

Ephesians 6:21-24

What is the blessing Paul sends? How is blessing one another done now? Offer the blessing to one another.

Blessing

Jesus said, I am the bread of life. You will never be hungry or thirsty in my love.

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