

## Daily Readings

"He provides food for those who fear him; he is ever mindful of his covenant." - Psalm 111:5

## Looking Back . . .

<b>Sunday</b>	John 6:56-69	The words of eternal life
<b>Monday</b>	Psalm 119:97-104	The light of God's word
<b>Tuesday</b>	Nehemiah 9:1-15	National confession
<b>Wednesday</b>	Ephesians 5:21-6:9	The Christian household

## Looking Ahead . . .

<b>Thursday</b>	Psalm 15	Who shall abide in God's sanctuary?
<b>Friday</b>	Exodus 32:1-35	The golden calf
<b>Saturday</b>	James 1:1-18	Faith & Wisdom, Poverty & Riches, Trail & Temptation
<b>Sunday</b>	Mark 7:1-23	The tradition of the Elders

## Household Service

## Pentecost Series 3: How We Feed Each Other

We think about how we feed each other with food that not only sustains us, but makes us healthy and strong. Take time to learn about how we can change our habits to make our bodies more healthy and help others around the world have access to healthy food and clean water.

### Week 2:

Now that you have done a little research on healthy eating as a family, have the younger members of the family prepare a simple healthy meal for the rest of the family and maybe invite a neighbor over as well! Pray that all people have access to healthy food and clean water.

Did you miss a week? Download inserts at our website!  
[faithformationjourneys.blogspot.com](http://faithformationjourneys.blogspot.com)

## "Dinner" Devotions

### Meal Prayer

Come Lord Jesus be our guest and let these gifts to us be blessed. Blessed be our God who is our bread, may all the world be clothed and fed. Amen

### The Story

Joseph and Benjamin - Genesis 43:1-15

Joseph's brothers return to Egypt with Benjamin so that they will have bread and food.

### Conversations

Day 1

Genesis 43:1-2

Tell about time you have felt hungry? What was that like? How were you filled?

Day 2

Genesis 43: 3-10

This family will starve if they do not travel a long way to get food. Today there are people who spend all day figuring out how to get food. What do you imagine that to be like and/or have you ever had this kind of experience?

Day 3

Genesis 43:11-12

Isaac sends his sons to get more food because of the famine. What does the word famine mean? What places in the world experience this today?

Day 4

Genesis 43: 13-14

Isaac prays a blessing for their trip. Have you ever been given a blessing? What does that feel like? If not, share the blessing on this page right now!

Day 5

Genesis 43: 15

When is a time that you have needed to ask for help? Who did you ask? What was that like?

### Blessing

Jesus said, I am the bread of life. You will never be hungry or thirsty in my love.

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