

## Daily Readings

"He provides food for those who fear him; he is ever mindful of his covenant." - Psalm 111:5

## Looking Back . . .

<b>Sunday</b>	John 6:51-58	"Whoever eats of this bread will live forever"
<b>Monday</b>	Psalm 36	Human wickedness and divine goodness
<b>Tuesday</b>	Genesis 45:1-15	Joseph reveals himself to his brothers
<b>Wednesday</b>	Acts 6:1-7	Seven chosen to serve

## Looking Ahead . . .

<b>Thursday</b>	Psalm 34:15-22	Praise for deliverance from trouble
<b>Friday</b>	Joshua 22:1-9	The eastern tribes return to their territory
<b>Saturday</b>	Romans 13:11-14	An urgent appeal
<b>Sunday</b>	John 6:56-69	The words of eternal life

## Household Service

### Pentecost Series 3: How We Feed Each Other

#### Week 1:

It is the time of year when families are gearing up for back to school. This includes school supply and clothing shopping, as well as the age old discussion of will the children buy "hot lunch" or bring a lunch from home. What we feed our children matters we know, but many families don't have the resources to feed their children healthy meals from home and so rely on the schools to feed their children. In this six week series we are focusing on that God provides all that we need for our minds, spirits and bodies. We are called to help share our blessings and ensure that all people have food that truly nourishes their mind-body-spirit.

Here is a link that helps families learn about healthy eating: <http://www.feedourfamilies.com/2012/07/the-how-why-eating-rainbow.html>

Help your child pack a lunch that includes as many colors in the rainbow as possible. Write a note on a paper napkin or a piece of paper that reminds your child that the rainbow is God's promise of love for the world and so eating a rainbow can help us to remember God's love and presence!

Did you miss a week? Download inserts at our website!  
[faithformationjourneys.blogspot.com](http://faithformationjourneys.blogspot.com)

## "Dinner" Devotions

### Meal Prayer

Come Lord Jesus be our guest and let these gifts to us be blessed. Blessed be our God who is our bread, may all the world be clothed and fed. Amen

### The Story

Elijah and God - 1 Kings 19:4-8

The prophet Elijah is tired and afraid so he wants to give up, but God sends comfort and strength.

### Conversations

Day 1

1 Kings 19:4a

What makes you feel like giving up? Where do you go?

Day 2

1 Kings 19:5

How do you feel when you wake up in the morning? What are your first thoughts or what do you notice first thing in the morning?

Day 3

1 Kings 19:5-6

How is God showing care through the angel?

Day 4

1 Kings 19: 7

Food can give us strength for our bodies, how does food help our attitudes and spirits? What other ways do we feed our spirits?

Day 5

1 Kings 19:7-8

What is a journey you have been on that was hard? How were you helped by God and/or others?

### Blessing

Jesus said, I am the bread of life. You will never be hungry or thirsty in my love.

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